



# LRTC TRAINING CENTER

## Free Conflict Management and Resolution Class

Date: October 5th, 2024

Time: 10:00 am to 11:00 am CST

Zoom ID: 830 2386 7071

Passcode: 689138

### Future continuation of classes

October 12th, 2024

October 19th, 2024

October 26th, 2024

Welcome to the Conflict Management and Resolution Class at LRTC Training Center!

In this course, that spans over a four-week period, you will learn essential strategies to effectively navigate and resolve conflicts in both personal and professional settings. Each week different topics will be covered and discussed.

Topics explored but not limited to:

- Issues, Issues, Issues, we all have them
- Listening vs Hearing
- Managing your emotions
- The transformative power of conflict
- Confronting without offending
- Peacefully resolving conflict
- Unresolved issues

These are just a few vital skills for personal growth and professional success. At LRTC, we are committed to empowering participants through experiential education, helping you create positive change in your life and community. Join us in sharing experiences and strategies for effective conflict management.

Click button below to join the Zoom Meeting

(Be sure to take note of the meeting ID number.)

Meeting ID: 830 2386 7071 -- Passcode: 689138

**LRTC TRAINING CENTER**

**(214) 709-0335**

 Share This Email

 Share This Email

[www.lrtctraining.org](http://www.lrtctraining.org)



Try email marketing for free today!